

2025 Butokuden International Gasshuku (March 17 - 22, 2025) - Tentative Schedule

Time	Saturday 3/15/2025	Sunday 3/16/2025	Monday 3/17/2025	Tuesday 3/18/2025	Wednesday 3/19/2025	Thursday 3/20/2025	Friday 3/21/2025	Saturday 3/22/2025		
6:00	A R R I V E L	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up		
7:00		Breakfast	Asageiko (7 - 8)	Asageiko (7 - 8)	Asageiko (7 - 8)	Asageiko (7 - 8)	Asageiko (7 - 8)	Asageiko (7 - 8)		
8:00		7- 8:00AM	Breakfast	Breakfast	Breakfast (Fujimoto sensei) 8 - 10 AM	Breakfast	Breakfast	Breakfast 8 - 9 AM		
9:00		SCKO GODOGEIKO 9:00 - 12:00 AM	8 - 10 AM	8 - 10 AM	Basic	Basic	Basic	Cleaning/pack up		
10:00			Basic	Basic	Basic	Basic	Basic			
11:00		A R R I V E L	A R R I V E L	10 - 12PM	10 - 12PM	10 - 12PM	10 - 12PM	10 - 12PM	End of Gasshuku	
12:00				Lunch	Lunch	Lunch	Lunch	Lunch	Departure	
13:00				12:00 - 2:00	12:00 - 2:00	12:00 - 2:00	12:00 - 2:00	12:00 - 2:00		Advanced Practice
14:00				Advanced Practice	Advanced Practice	Advanced Practice	Advanced Practice	Advanced Practice		
15:00				2:00 - 4:00 PM	2:00 - 4:00 PM	2:00 - 4:00 PM	2:00 - 4:00 PM	2:00 - 4:00 PM		BBQ Preparation
16:00	Break			Dinner (Leave @6PM to Visit Other Dojo)	Break	Break	Break			
17:00					BTK Junior Practice	Tokuren 6 - 7PM	BTK Junior Practice			
18:00	Soft Practice 5 - 6PM			Dojo Visit (TBD)	BTK Adult Practice	Jigeiko 7 - 8PM	BTK Adult Practice	Sayonara BBQ (6 - 10PM) Weather permits		
19:00	Dinner & Discussion				7 - 9 PM	Dinner & Discussion	7 - 9 PM			
20:00				3 Hour	3 Hours		7 Hours	9 Hours		7 Hours
21:00	Dinner & Discussion	Dinner & Discussion	Dinner & Discussion			Dinner & Discussion				
22:00				3 Hour	3 Hours		7 Hours	9 Hours	7 Hours	9 Hours
Total	3 Hour	3 Hours	7 Hours			9 Hours				

Focus Point 2025

1) Seme & Tame

- 2) Setting up the Body to be able to Attack all the time
- 3) Share my experience in testing for higher Dan

Note 1: Practice times and menu may change depending on everyone's level of fatigue.

Note 2: You may arrive early, and stay at the Dojo. You may also leave after Saturday.

Note 3: From previous experiences, by doing the soft practice, we decreased a lot of injuries.

Asageiko

Morning Practices (Jigeiko only). Be ready to practice at 7AM

Basic Practice

We will focus on basic practices without and with Bogu. Footwork, Suburi, Basic Strikes

Advanced Practice @ Butokuden

We will focus on Mental, Drills, Waza Practice, Kata

We will have Jigeiko at the end of each practice

Join other Dojo Practice

Tentatively schedule a joint practice with other Dojos.

Regular Butokuden Keiko Junior

Our Dojo Elementary School to Middle School Class. Join the drills and learn how to teach a kids class. Our juniors are one of the best in the USA

Regular Butokuden Keiko Adult

Our Dojo High School and older Class. Join the drills and learn how to teach adults.

Butokuden Open Keiko

Once a week, we have Jigeiko only practice, and many people from other Dojos come and join our practices

SCKO Godogeiko

Approximately 50 people from our Federation gathers to practice together on every 3rd Sunday of the month. It is a great opportunity to practice with different Kenshis

Kodansha Keiko

Our Dojo hosts a 4 Dan and up practice every 2nd and 4th Sunday of the month. About 15 Kodanshas joins the practice

Some events happening in the surrounding dates:

Sunday March 16: SCKO Godogeiko on (9 to 12AM) @ Butokuden

Sunday April 13: Kendo Exam 5 Dan and up @ TBD

Sunday April 6: Kendo Exam up to 4 Dan @ Butokuden